www.CollegeParentsMatter.org

COLLEGE PARENTS MATTER have the conversation

CollegeParentsMatter.org is a free, webbased resource for families of college-age students. The site focuses on improving family-student communication and aims to empower families to maintain this kind of communication throughout college.

Family members play a critical role in shaping their student's behavior, and their influence extends into young adulthood during the college years. Research shows that setting high general expectations for individual achievement and specific and clear disapproval of underage drinking reduces the risk for alcohol-related problems.

What you said or did during your student's high school years matters, but your communication continues to matter now and going forward. It's never too late to learn new strategies, or try a new approach.

Getting them to college is just the beginning... With good communication you will guide them through it.

Family members of college students often worry about all of the things that could go wrong related to alcohol, including overdoses, sexual assault, and decreased academic performance.

This one-of-a-kind resource is designed to equip families with tips, tools, and effective communication strategies that will help them engage in meaningful conversations with their student about high-risk behaviors. Scripts for talking about common situations that increase the risk for high-risk drinking are included. Topics include:

- 21st Birthday
- Housing & Roommates
- Sexual Assault

- Spring Break
- Off-Campus Housing
- O Cannabis

- Holidays Ο
- Impaired Driving

Visit CollegeParentsMatter.org for tips, tools, and scripts today!

Contact Dr. Arria at aarria@umd.edu for more information.



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THE MARYLAND COLLABORATIVE TO REDUCE COLLEGE DRINKING AND RELATED PROBLEMS